

Guidelines for invasive procedure aftercare

Testicular implants

Stay in the hospital	1 night
Initial follow-up visit	On the 2nd-3rd week
Next mandatory visit	On the 3rd month
First shower	On the 3rd-4th day
May go to work	After 1 week
Swelling and bruising appear	1 month
Avoid physically hard work	1 month
Avoid sexual relations	5 weeks
Threads self-dissolve	For 3-4 week
Forbidden to smoke	1 month
May go to sauna	After 1 month
Outcome can be evaluated	After 1 month