

## Guidelines for invasive procedure aftercare

### *Breast augmentation by lipofilling or Brazilian butt lift*

Stay in the hospital	1 night
Initial follow-up visit	On the 2nd-3rd week
Next mandatory visit	On the 3rd month
First shower	On the 4th-5th day
Use patches	2 weeks
May go to work	After 1 week
Swelling and bruising appear	For 2 weeks
Avoid physically hard work	3 weeks
Avoid sexual relations	1 month
The sutures will be removed	On the 2nd-3rd week
Forbidden to smoke	1 month
May go to sauna	After 1 month
Outcome can be evaluated	After 6 months
Protect skin from UV radiation	For 1 year