

Guidelines for invasive procedure aftercare

Breast augmentation

Stay in the hospital	1 night
Initial follow-up visit	On the 2nd-3rd week
Next mandatory visit	On the 3rd month
The patches will be removed	On the 2nd day
First shower	On the 5th day
Wear supportive underwear	3 months at night and day
Change wound dressing	For 2-3 week
May go to work	After 1 week
Bruising appears	For 2 weeks
Swelling appears	3 months
Avoid physically hard work	1 month
Avoid sexual relations	1 month
Threads self-dissolve	After 2-3 weeks
The sutures will be removed	On the 2nd-3rd week
Forbidden to smoke	1 month
May go to sauna	After 1 month
Decrease of sensitivity in tissue may manifest	6-12 months
Outcome can be evaluated	After 6 months
Protect skin from UV radiation	For 1 year